

## Motor Labs and Sensory Paths

Set up schoolwide movement initiatives and enable learning readiness for your entire school!

### About this Course

#### Course Description

**Every year students are exhibiting increased challenges in motor skills, attention, visual skills, and behavior.**

Research also indicates an increase in childhood obesity. School based therapists have the expertise to increase participation in school routines and design programming to improve function and inclusion. It is the responsibility of school-based therapists to collaborate with a variety of school partners to support student success and contribute to both general and special education. **School wide movement initiatives, such as motor labs and sensory paths**, can be added to the school environment to **promote healthy school climates needed for learning.**

This course will review the research to encourage using these school-wide movement initiative programs. It will also **provide you with specific strategies for adding motor labs and sensory paths into your school environment.**

**Fee: \$94**

- When: On Demand
- Time: 2 hours
- Where: On Demand
- Speaker: Kim Wiggins, OTR/L
- Course Level: Intermediate
- Target Audience: OTs, PTs, SLPs, COTAs, PTAs, parents, behavioral therapists, educators, administrators and psychologists working with children

### Meet the Presenter

#### Kim Wiggins, OTR/L

Kim Wiggins, OTR/L is an experienced occupational therapist specializing in pediatrics who has worked extensively in public school settings, outpatient, and home-based services to children of all ages with a variety of diagnoses and special needs.

Kim is currently a full-time therapist at the Binghamton City School District in upstate NY and the owner of OTKimWiggins, which primarily focuses on increasing the attention level and motor skills of children and providing educational opportunities for parents and professionals. She is an experienced National program developer who has produced and presented training workshops and seminars on a variety of topics related to handwriting, vision, primitive reflexes, sensory techniques, and technology to therapists, teachers, administrators, and parents, She has presented to audiences nationwide since 2010.

Disclosure: Kim Wiggins receives a speaking fee for her presentation. She has no relevant non-financial relationships to disclose.

### Learning Objectives

- List examples of school wide movement initiatives.
- Recognize the difference between a motor lab and a sensory path. Recognize the benefits of a motor lab and a sensory path.
- Explain what is a motor lab.
- Identify options for designing a sensory path.

### **Educational Credits**

Hands on Approaches, Inc. is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures.

Approved by AOTA for 0.2 CEUs.

Learning Objectives will be assessed via a post-test given at the end of the webinar. A passing grade of 70% is necessary to receive a certificate of completion.

Recognized by NYSED State Board for PT as an approved provider of PT and PTA continuing education. Approved for 2 contact hours.

Application has been made to NJBTE for CE Approval.

This course is approved for 2 CTLE credits.

Learning Objectives will be assessed via a post-test given at the end of the webinar. A passing grade of 70% is necessary to receive a certificate of completion.

### **Time-Ordered Agenda**

Introduction	5 Minutes
Review of research that indicates an increase in special education and obesity	10 Minutes
Review of research for use of classroom/school wide movement programs	10 Minutes
Explanation of schoolwide movement initiatives	5 Minutes
Physical activity requirements in schools	5 Minutes
Motor Lab description and research	10 Minutes
How a motor lab functions in a school: who can use it and how to use it	20 Minutes
Sensory Path explanation	5 Minutes
Options for creating a sensory path	15 Minutes
Options for pre-made sensory paths	15 Minutes
Tips for adding schoolwide Initiatives to your school	15 Minutes
Questions	5 Minutes