

Just Right! Setting the Foundation for SEL

Give students or entire classrooms the skill of sensory modulation; create the best foundation for higher learning.

About this Course

Course Description

Social and emotional learning (SEL) is essential to human development and helps create a positive learning environment for all students. Many school districts are establishing systemic, schoolwide approaches to SEL. This course will review **how to address SEL with students that have central nervous system disorders and sensory modulation issues** through the 3 tiers of Response to Intervention.

Sensory modulation is seen as a component of emotional regulation and social-emotional learning and it is critical for academic and social success. Research shows that **sensory modulation is a skill that can be taught**. This course will review the evidence supporting instruction in sensory modulation and basic concepts and terminology to be used in this instruction.

Participants will have the opportunity to practice and learn how to use the lessons from Just Right! A Sensory Modulation Curriculum for K-5 with **hands-on activities and video demonstrations**. You will receive a free digital version of the curriculum and will reference it throughout the course.

In order to participate in hands-on activities, please make sure you have the following supplies: scissors, glue stick, 2 white paper plates, 1 brass fastener, 1 paper clip, crayons/markers (specifically red, yellow, and green), 1/2 piece of red, yellow, and green construction paper, 1 manila folder and printed handouts (available on the left side of the screen during the course).

(Note: Although ASHA is not listed in the Educational Credits section below, ASHA credits can be arranged with advance request. If you would like to receive ASHA credits for this course, contact us before course purchase at register@handsonapproaches.com.)

Fee: \$375

- When: On Demand
- Time: 6 hours
- Where: On Demand
- Speaker: Kim Wiggins, OTR/L
- Course Level: Various
- Target Audience: OTs, PTs, SLPs, COTAs, PTAs, behavioral therapists, educators, administrators, social workers and psychologists working with children, parents

Meet the Presenter

Kim Wiggins, OTR/L

Kim Wiggins, OTR/L is an experienced occupational therapist specializing in pediatrics who has worked extensively in public school settings, outpatient, and home-based services to children of all ages with a variety of diagnoses and special needs.

Kim is currently a full time therapist at the Binghamton City School District in upstate NY and the owner of OTKimWiggins, which primarily focuses on increasing the attention level and motor skills of children and providing educational opportunities for parents and professionals. She is an experienced National program developer who has produced and presented training workshops and seminars on a variety of topics related to handwriting, vision, primitive reflexes, sensory techniques, and technology to therapists, teachers, administrators, and parents, She has presented to audiences nationwide since 2010.

Disclosure: Kim Wiggins receives a speaking fee for her presentation. She has no relevant non-financial relationships to disclose.

Learning Objectives

- Identify 5 core competencies of SEL and the role of the school-based therapist.
- Define sensory modulation and the three major subtypes of Sensory Modulation Disorder (SMD).
- Identify where sensory modulation fits within a Social-Emotional Learning (SEL) frame of reference and within the tiers of intervention.
- Delineate OT strategies relevant to SEL that are appropriate at each of the three tiers of intervention.
- Delineate components of the Just Right! curriculum, including materials and preparation, instructional modifications, and access to demonstration videos and student handouts.
- Define major terms and concepts used in the Just Right! curriculum to ensure success in student instruction.

Educational Credits

Hands on Approaches, Inc. is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures.

Approved by AOTA for 0.5 CEUs.

Recognized by NYSED State Board for PT as an approved provider of PT and PTA continuing education. Approved for 5 contact hours.

Recognized by NYSED State Board for social workers as an approved provider of social workers continuing education. Approved for 5 contact hours.

This course is approved for 5 CTLE credits.

Tentative Schedule

Review of SEL and CASEL 5 and correlation to related services	50 Minutes
Impact of neurological/neurochemical differences (affect) on SEL and strategies for all 3 tiers in RtI	60 Minutes
Break	10 Minutes

Review of sensory modulation and its impact on SEL	30 Minutes
Impact of sensory modulation on all 3 tiers with specific classroom situations	30 Minutes
Lunch break	50 Minutes
Continuation of impact of sensory modulation	30 Minutes
Learning how to teach the Just Right! Curriculum, including hands-on activities and case studies	100 Minutes