

Introduction to Sandplay

Apply the powerful modality of sandplay to improve emotional processing, visual-spatial organization, working memory and more.

About this Course

Course Description

Sandplay is a projective technique that can be used very effectively with children across the age spectrum. It is a modality that uses touch in the sand to reach the limbic system in the brain where our emotions are being processed. Through use of figurines, these thoughts and deeper emotions are then projected onto the sand. The client is simply “playing”, yet the subconscious emotional depths are at work.

Sandplay also holds promise to develop sequencing, planning, and construction through visual spatial organization, as it also supports the imagination to develop in support of working memory, reading comprehension, building stories for written expression.

It is truly a tool with multiple facets. To be fully trained and certified is an extensive process. In this workshop Maude will provide a taste of how she applies this modality in her practice as an occupational therapist. This a great tool for anxious clients, for clients who are traumatized by their diagnosis and developmental delay. The necessity of building an ego strength to overcome difficulties is not to be understated in clients struggling with developmental delay. Discover a tool that is truly powerful in multiple different ways!

*(Note: Although ASHA is not listed in the Educational Credits section below, ASHA credits can be arranged with advance request. If you would like to receive ASHA credits for this course, contact us **before** course purchase at register@handsonapproaches.com.)*

Fee: \$325

- When: On Demand
- Time: 5.5 hours
- Where: On Demand
- Speaker: Maude Le Roux, OTR/L, SIPT, DIR-FT International Trainer, Affiliate Sandplay practitioner
- Course Level: Intermediate
- Target Audience: Occupational, Speech and Physical Therapists, Psychologists, Educators, Physicians, Nurses, Social Workers

Meet the Presenter

Maude Le Roux, OTR/L

Maude Le Roux, OTR/L is an international speaker considering a wide array of topics pertaining development in children across the age spectrum. Even as she travels and trains extensively, she continues to operate a pediatric practice in Glen Mills, PA.

Maude designs her own courses, as well as trains for other organizations such as ICDL (DIR/Floortime) globally. She serves on the Board for ATTACH to develop the consideration of

attachment and trauma in the work of occupational therapists. She has been involved in Sandplay work since 2014 and has completed multiple workshops related to Sandplay.

Maude “re-energizes” as she teaches and inspires her listeners to feel the importance of the work they do. She co-authored a book, “Our Greatest Allies” with Lauren O’Malley, available on Amazon.com. Her mantra: ‘If a child could, he / she would!’

Disclosure: Maude Le Roux receives a speaking fee for her presentation and is owner of the clinic A Total Approach. She has no relevant non-financial relationships to disclose.

Learning Objectives

- Explain 5 critical aspects of the use of Sandplay in clinical practice.
- List at least 5 tools that are used in Sandplay for practical purposes.
- Explore at least 8 different aspects of overlap into traditional therapy goals.
- Demonstrate multiple cases with sandtray pictures to assist understanding in the use of this modality.

Educational Credits

Hands on Approaches, Inc. is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures.

Approved by AOTA for 0.55 CEUs.

Recognized by NYSED State Board for PT as an approved provider of PT and PTA continuing education. Approved for 5.5 contact hours.

Recognized by NYSED State Board for social workers as an approved provider of social workers continuing education. Approved for 5.5 contact hours.

Application has been made to NJBTE for CE Approval.

Time Ordered Agenda

What is Sandplay	90 Minutes
Break	15 Minutes
Tools of Sandplay – the practicalities	60 Minutes
Overlap into Occupational Therapy Intervention	60 Minutes
Lunch	45 Minutes
Discussing sand trays of different cases	90 Minutes
Making sense of the imagery presented	
Break	15 Minutes
Case Study	30 Minutes