

School Based Practical Summit

A comprehensive, practical approach to treating school-based children with visual, attentional, and sensory integration difficulties in the classroom, private practice and at home.

Speaker:

Kim Wiggins, OTR/L

Registration is limited to 50 participants

Monday, January 24, 2022

9:30 AM - 2:45 PM EST

Tuesday, January 25, 2022

9:30 AM - 3:00 PM EST

Live Recorded Webinar

Target Audience

OTs, PTs, SLPs, COTAs, PTAs, parents, behavioral therapists, educators, administrators and psychologists working with children

Course Level

Introductory to Intermediate

Speaker

Kim Wiggins, OTR/L is an experienced occupational therapist specializing in pediatrics who has worked extensively in public school settings, outpatient, and home-based services to children of all ages with a variety of diagnoses and special needs.

Kim is currently a full time therapist at the Binghamton City School District in upstate NY and the owner of OTKimWiggins, which primarily focuses on increasing the attention level and motor skills of children and providing educational opportunities for parents and professionals. She is an experienced National program developer who has produced and presented training workshops and seminars on a variety of topics related to handwriting, vision, primitive reflexes, sensory techniques, and technology to therapists, teachers, administrators, and parents, She has presented to audiences nationwide since 2010.

Disclosure: Kim Wiggins receives a speaking fee for her presentation. She has no relevant non-financial relationships to disclose.

Visual Skills and Impact on Learning

Description:

Did you know that 80% of all learning in a school setting is acquired through vision?

There is a rise of focus and attention issues in the classroom that can be related to visual issues. Unfortunately if children are having difficulty using their eyes, they will often give up or work twice as hard as other children causing increased frustration and a lack of motivation. Children are often misdiagnosed with attention deficits without taking a good look at possible visual insufficiencies.

This webinar includes easy-to-understand explanations of the visual system, lots of FREE resources, and strategies for telehealth.

Objectives: As a result of attending this webinar participants will be able to:

1. **Recognize the impact of vision on reading and writing.**
2. **Differentiate Vision Therapy vs. Occupational Therapy.**
3. **List options for visual screenings.**
4. **Identify the primary components of the visual system.**
5. **List strategies and exercises that can be done at home, therapy, or classroom.**

Schedule - January 24th (morning)

9:30-9:40 - Brief Overview

9:40-10:00 - Assessments

10:00-10:10 - Vision components

10:10-10:35 - Acuity and efficiency skills

10:35-11:10 - Visual processing skills

11:10 - 11:20 - Visual motor integration skills

11:20 - 11:35 - Compensation techniques

11:35 - 11:45 - Goals, resources, Q and A

Push into the Classroom

Description: **Pushing-in to the classroom** for OT, PT, and Speech therapy is an evidenced based and effective treatment strategy. Due to many barriers, therapists are often more comfortable providing pull out therapy sessions.

This course will **review research, provide strategies for pushing-in**, and discuss the benefits of carryover and collaboration. Distance learning strategies are also provided.

Objectives: By the end of this workshop, learners will be able to:

- **Explain the benefits of providing OT/PT/SLP in a least restrictive and natural environment**

- Plan at least one effective push-in session by incorporating a push-in model and tips provided in the course
- Label a push-in model in order to plan effective sessions
- Explain the evidenced based strategies for providing effective carryover.

Schedule - January 24th (afternoon)

12:45-12:55 -What does “push-in” mean?/ Push-in barriers and positives

12:55 - 1:05 - Importance of collaboration and carryover

1:05 - 1:15 - How to get started!

1:15 - 1:45 - Push-in therapy models and goals

1:45 - 1:55 - What to include in push-in bags

1:55 - 2:15 - Push in ideas and examples

2:15 - 2:35 - Co-treat strategies for OT/PT/SLP

2:35 - 2:45 - Resources/Questions

iPad Apps in Pediatric Therapy

Description: This webinar **reviews, explains, and demonstrates** apps to enhance your therapy sessions and can be used as practice in the classroom or at home.

Many are FREE!

The apps discussed are related to **organizational skills for students and therapists, behaviors and rewards, sensory, fine motor, and visual perception.**

Handwriting skills on the iPad are also reviewed, including apps to teach handwriting and how to use the iPad as a modification for students that have difficulty with handwriting.

This webinar is chock full of resources!

Objectives: As a result of attending this workshop, participants will:

1. Identify sensory apps for students to self-regulate sensory needs at home or in the classroom.
2. Identify a variety of apps for students to practice visual perception skills at home or in the classroom.
3. Recommend strategies for students to practice fine motor skills on the iPad at home or in the classroom.
4. Identify a variety of apps that track and/or manage behavior in the classroom or at home.
5. Identify three apps to develop and practice letter formation for handwriting skills.

Schedule - January 25th (morning)

9:30 -9:35 - Research

9:35 - 9:55 - Organization Apps

9:55 - 10:15 - Behavior and Reward Apps

10:15 - 10:30 - Sensory Apps

10:30 - 10:50 - Fine Motor Apps

10:50 - 11:10 - Visual Perception Apps

11:10 - 11:30 - Prewriting Apps

11:30 - 11:50 - Handwriting Compensation Apps

11:50 - 12:00 - Questions and Case Studies

Motor Labs and Sensory Paths: School Wide Movement Initiatives

Description: Every year students are exhibiting increased challenges in motor skills, attention, visual skills, and behavior.

Research also indicates an increase in childhood obesity. School based therapists have the expertise to increase participation in school routines and design programming to improve function and inclusion. It is the responsibility of school-based therapists to collaborate with a variety of school partners to support student success and contribute to both general and special education. **School wide movement initiatives, such as motor labs and sensory paths,** can be added to the school environment to **promote healthy school climates needed for learning.**

This course will review the research to encourage using these school-wide movement initiative programs. It will also **provide you with specific strategies for adding motor labs and sensory paths into your school environment.**

Objectives: As a result of attending this workshop, participants will:

- List examples of school wide movement initiatives
- Recognize the difference between a motor lab and a sensory path. Recognize the benefits of a motor lab and a sensory path.
- Explain what is a motor lab
- Identify options for designing a sensory path

Schedule - January 25th (afternoon)

1:00 - 1:15- Review of research that indicates an increase in special education and obesity

1:15 - 1:25 - Review of research for use of classroom/school wide movement programs

1:25 - 1:30 - Explanation of school wide movement initiatives

1:30 - 1:45 - Motor Lab description and research

1:45 - 2:05 - How a motor lab functions in a school: who can use it and how to use it

2:05 - 2:25 - Options for creating a sensory path

2:25 - 2:40 - Options for pre-made sensory paths

2:40 - 2:55 - Tips for Adding School Wide Initiatives to your school

2:55 - 3:00 - Questions

Educational Credits

8.75 contact hours. Certificates will be awarded.



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Learning Objectives will be assessed via a post-test given at the end of the webinar. A passing grade of 70% is necessary to receive a certificate of completion.

Pricing Information

Early Bird Registration (by January 3, 2022) - \$425

Standard Registration (after January 3, 2022) - \$450

Contact Information

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Courses:

All cancellations must be received in writing via fax, email, or mail. A full refund, less a \$75 administrative fee (plus credit card processing fees, where applicable), will be provided if cancellation is received up to four weeks prior to the date of the course. Half tuition, less a \$75 administrative fee (plus credit card processing fees, where applicable), will be refunded if cancellation is received up to two weeks prior to the date of the course. No refunds will be made after the two week deadline. Refunds where a coupon was redeemed will result in an adjusted refund amount. Tuition for no-shows or cancellations received after the course has started will be forfeited, no exceptions. Hands On Approaches, Inc. reserves the right to cancel the course for extenuating circumstances. A full refund for the course fee will be provided, less credit card processing fees, where applicable. Hands On Approaches, Inc. is not responsible for any expenses incurred by the participants (ie: non-refundable travel arrangements) if the course is cancelled.

Occasionally, changes are made due to speaker availability, participant demand or unforeseen circumstances. Courses may occasionally be cancelled. You will be notified by email and/or phone at least 24 hours in advance of the class start date. A full refund will be granted, less credit card processing fees, where applicable. While Hands On Approaches, Inc. will do everything possible to ensure participant satisfaction, Hands On Approaches, Inc.'s liability is limited to the tuition fee only.

Webinars:

Full day webinar - a full refund, less a \$75 administrative fee (plus credit card processing fees, where applicable) will be granted up to one week before the training date. No refunds will be issued after that time.

Mini Webinar (less than 4 hours) - A 50% refund will be granted up to 3 weeks before the training date. No refunds will be issued after that time.

Please note: once logged onto a live webinar for more than 15 minutes, a recording is not available without paying the COMPLETE registration price once again for the recording/on-demand. No prior payment can be used to view a recording/on-demand of the live webinar.

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