

# Benign Positional Vertigo in Children [Edit](#)

*BRAND NEW COURSE*

Benign Positional Vertigo in Children: a lab-based approach to the evaluation and treatment of the most common form of Vertigo

Speakers:

Joseph Adams, PT, DPT, NCS

Lindsay Knopf, PT, DPT, NCS

Tuesday April 28, 2020

8:15 AM – 3:15 PM

(Registration 7:45 - 8:15)

Virtual Course - Live lab based course.

**Please note:** In order to receive full credit, a 70% passing rate on the post test will be required and you will need to submit a small video demonstrating one treatment technique.

## Target Audience

OTs, PTs, COTAs, PTA's, Pediatricians, and Physiatrists

## Course Level

Introductory to Intermediate

## Course Description

Evaluation and Treatment of Positional Vertigo in Children: is an introductory, **lab-based course** geared for rehabilitation clinicians (physical therapists, occupational therapists, physiatrists).

The program content is designed to teach the clinician to be able to **screen for the most common cause of positional vertigo** and **perform the appropriate treatment** based on examination findings.

The labs are designed to be **performed in a treatment space similar to that of a pediatric gym**, so treatment maneuvers are modified to be performed on mats on the floor and mimic the realistic environment that clinicians operate in pediatric settings.

**Yoga mat/large towel for the lab will be needed and dress in comfortable clothing.**

## Speaker

**Joseph Adams** is a **Board-Certified Specialist in Neurologic Rehabilitation** with advanced training in Vestibular Rehabilitation and has been working with patients with dizziness and vertigo for over 10 years at the Rusk Institute at NYU Langone Medical Center, and most recently at Memorial Sloan Kettering Cancer Center.

He is actively involved in **clinical research** including brain injury rehabilitation, vestibular outcome measures, reactive balance, post concussion syndrome, and early mobilization for patients after brain tumor resection.

He is the author of "Vestibular Rehabilitation for the NCS Exam," and lectures regularly on vestibular rehabilitation as an adjunct professor at Touro College and Columbia University.

*Disclosure: Joseph Adams receives a speaking fee for his presentation. He has no relevant non-financial relationships to disclose.*

## Educational Credits

5.5 contact hours. Certificates will be awarded.



Hands on Approaches, Inc. is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures.

Approved by AOTA for 5.5 CEUs.

Approved for 5.5 CTLE contact hours.

Recognized by NYSED State Board for PT as an approved provider of PT and PTA continuing education. Approved for 5.5 contact hours.

## **Schedule**

8:15 AM – 3:15 PM

Registration: 7:45 AM - 8:15 AM

8:15 - Introduction / Objectives

8:30 - Relevant Anatomy and Physiology of the Peripheral Vestibular System

9:00 - Pathophysiology of Benign Positional Vertigo of Childhood

9:30 - Dizziness Subjective Descriptors (in children's own words)

10:00 - Differential Diagnosis and Screening for Positional Vertigo in Children and Adults

**10:30 - BREAK**

11:00 - Other non-benign causes of positional vertigo

11:30 - Lab - Dix-Hallpike and Roll Testing in the pediatric environment

### **12:00 - LUNCH**

1:00 - Lab - Canalith Repositioning Treatment

1:30 - Lab - BBQ Roll Maneuver and Roll Treatment for cupulolithiasis

2:00 - Lab - Liberatory Maneuver

### **2:15 - BREAK**

2:30 - Lab - Deep Head Hanging Maneuver

2:45 - Larger Topics in Vestibular Rehabilitation

3:15 - Case studies, Questions and Answers

**PARTICIPANTS SHOULD BRING MATS FOR  
PARTICIPATION IN THE LAB**

## **Learning Objectives**

**By the end of this workshop, learners will be able to:**

- Identify signs and symptoms of the most common causes of positional vertigo in the pediatric population in the acute, subacute, school, and outpatient setting.
- Recognize red flags that require immediate follow-up with the referring physician in simple and medically complex cases

- Utilize a vestibular and oculomotor screening to distinguish between the 6 main subtypes of Benign Paroxysmal Positional Vertigo (BPPV) and Benign Vertigo of Childhood (BVC)
- Develop a plan of care based on best available research for the treatment of BPPV and BVC

**During laboratory break-out sessions, participants will be able to:**

- Perform repositioning maneuvers based on relevant examination findings, including:
  - Canalith repositioning maneuver
  - Liberatory maneuver
  - Deep head-hanging maneuver

## **Pricing Information**

**Due to the lab, space is limited!**

**Please bring a yoga mat/large towel for the lab and dress in comfortable clothing.**

**Registration** (If no credits are needed)

**\$140**

**Early Bird Registration** (by April 2, 2020)

**\$180**

**Standard Registration** (After April 2, 2020)

**\$225**

## **Contact Information**

Hands on Approaches, Inc.

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## **Refund and Cancellation Policy**

All cancellations must be received in writing via fax, email, or mail. A full refund, less a \$75 administrative fee (plus credit card processing fees, where applicable), will be provided if cancellation is received up to four weeks prior to the date of the course. Half tuition, less a \$75 administrative fee (plus credit card processing fees, where applicable), will be refunded if cancellation is received up to two weeks prior to the date of the course. No refunds will be made after the two week deadline. Refunds where a coupon was redeemed will result in an adjusted refund amount. Tuition for no-shows or cancellations received after the course has started will be forfeited, no exceptions. Hands On Approaches, Inc. reserves the right to cancel the course for extenuating circumstances. A full refund for the course fee will be provided. Hands On Approaches, Inc. is not responsible for any expenses incurred by the participants (ie: non-refundable travel arrangements) if the course is cancelled. Tuition for no-shows or cancellations received after the course has started will be forfeited, no exceptions.

Occasionally, changes are made due to speaker availability, participant demand or unforeseen circumstances. Courses may occasionally be cancelled. You will be notified by email and/or phone at least 24 hours in advance of the class start date. A full refund will be granted. While Hands On Approaches, Inc. will do everything possible to ensure participant satisfaction, Hands On Approaches, Inc.'s liability is limited to the tuition fee only.

For online, recorded conferences, a full refund will be granted up to 72 hours before training date. No refunds will be issued after that time.