

Supporting Executive Skill Development When Schooling at Home

Understand how to structure schooling at home to support critical executive skill development.

About this Course

Course Description

Executive skills are sometimes called “**the hidden curriculum**”. They are skills such as **task initiation, sustained attention, working memory, planning, organization, and goal-directed persistence** that are absolutely critical to school success, yet curriculum standards seldom, if ever, explicitly reference these skills.

Neuroscientists now tell us that these skills take a minimum of 25 years to reach full maturation, and the course of that development is influenced by experience, exposure, modeling, practice and direct instruction.

This workshop will provide participants with a **framework for understanding what executive skills are**, the critical role they play in learning, and **how parents and caregivers can structure schooling at home to support executive skill development**.

*(Note: Although ASHA is not listed in the Educational Credits section below, ASHA credits can be arranged with advance request. If you would like to receive ASHA credits for this course, contact us **before** course purchase at register@handsonapproaches.com.)*

Fee: \$45

- When: On Demand
- Time: 1 hour
- Where: On Demand
- Speaker: Peg Dawson, Ed.D., NCSP
- Course Level: Introductory
- Target Audience: Parents, OTs, SLPs, COTAs, behavioral therapists, educators, administrators, guidance counselors, coaches and psychologists working with children

Meet the Presenter

Peg Dawson, Ed.D., NCSP

In over 40 years of clinical practice, Dr. Peg Dawson has worked with thousands of children who struggle at home and in school. At the center of their struggles are often weak executive skills. Along with her colleague, Dr. Richard Guare, she has written numerous books on this topic for educators, mental health professionals, and parents, among them *Smart but Scattered*, *Smart but Scattered Teens*, *Executive Skills in Children and Adolescents*, and *Coaching Students with Executive Skills Deficits*.

Peg is also a past president of the National Association of School Psychologists, and the International School Psychology Association, and is a recipient of NASP's Lifetime Achievement Award.

Disclosure: Peg Dawson receives a speaking fee for her presentation. She has no relevant non-financial relationships to disclose.

Learning Objectives

- Identify how executive skills impact school performance and daily living.
- Utilize methods to help children and students structure schooling at home to support executive skill development.

Educational Credits

Hands on Approaches, Inc. is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures.

Approved by AOTA for 0.1 CEUs.

Recognized by NYSED State Board for PT as an approved provider of PT and PTA continuing education. Approved for 0.1 contact hours

Approved for 1 CTLE contact hours.

Time-Ordered Agenda

Executive Skills Definitions and Theory

The 11 executive skills, definitions and example of evidence-based interventions that support each skill. **30 Minutes**

Practical Tools and Methods for Parents and Therapists

Tools for structured schooling and developing executive skills throughout the day; environmental and task modifications. **30 Minutes**