

Anxiety, Sensory and Behavior

Treat the developmental factors that influence child anxiety and gain familiarity with assessment protocols, techniques and interventions for several different types of anxiety.

Speakers:

Maude Le Roux, OTR/L, SIPT,
RCTC, DIR® Expert Trainer

Wednesday, January 8, 2020

8:15 AM – 3:45 PM

410 Hungry Harbor Road
Valley Stream, NY (Long Island)

Target Audience

OTs, SLPs, PTs, PTAs, COTAs, Educators, Psychologists, Social Workers, Physicians, Nurses

Course Level

Intermediate

Course Description

More and more children (and adults) are struggling with anxiety in different shapes and forms. This workshop will include an **overview of development** that will include the discussion of the coinciding factors of the central nervous system and emotional development, and their impact on anxiety.

Different types of anxiety will be presented with a clear distinction of different considerations for intervention. Maude will go over **assessment protocols** that could be included in an evaluation process, as well as different **techniques and interventions** to consider.

Participants will learn 10 principles of intervention that will help with anxiety, as well as social participation and academic learning. This is not a workshop you would want to miss.

Speaker

Born in South Africa, Maude Le Roux, OTR/L, SIPT, RCTC, DIR® Expert Trainer, is an occupational therapist involved in occupational functioning for her entire career of which executive functioning would be considered a key area of function in the lives of developing children.

Maude is a global speaker and has spoken at international conferences such as ATTACH, ICDL, as well as TDSA, as a key note speaker in 2016. She has been providing this specific course since 2011 across the globe.

Maude has an impressive resume of certification on a wide array of topics related to sensory and emotional processing over the span of her career. She has created her own workshops since 2007 and also trained for other international organizations since 2009.

Disclosure: Maude Le Roux receives a speaking fee for her presentation and is owner of the clinic A Total Approach. She has no relevant non-financial relationships to disclose.

Educational Credits

6 contact hours. Certificates will be awarded.

Hands on Approaches, Inc. is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures.

Approved by AOTA for 0.6 CEUs.

Recognized by NYSED State Board for PT as an approved provider of PT and PTA continuing education. Approved for 6 contact hours.

Application has been made to NJBTE for CE Approval.

This course is offered for up to 0.6 ASHA CEUs (Intermediate level, Professional Area).

This course is approved for 6 CTLE credits

Schedule

8:15 AM – 3:45 PM

Registration: 7:45 AM - 8:15 AM

8:15 - 10:30 The Central Nervous System

10:30 - 10:45 Break

10:45 - 11:45 Analysis of Different Types of Anxiety

11:45 - 12:45 Lunch

12:45 - 1:15 Assessments of Anxiety

1:15 - 2:15 Intervention of Anxiety

2:15 - 2:30 Break

2:30 - 3:45 Interventions and Case Study, Q and A

Learning Objectives

By the end of this workshop, learners will be able to:

- Describe the differences between the impact of the central nervous system and development of the autonomic nervous system.
- List at least 4 types of anxiety to consider for differences in intervention approaches.
- Consider at least 2 types of assessments relative to your toolkit.
- List at least 10 principles of intervention to support impact on anxiety behavior and development.

Pricing Information

Early Bird Registration (by November 26, 2019) **\$285**

Standard Registration (after November 26, 2019) **\$310**

Group Registration (3 or more registrants by November 26, 2019 - must register on the same day and each registrant must mention the others on her registration form): **\$257.50**

Special offer for those registering for more than one of Maude LeRoux's courses:

[Anxiety, Sensory and Behavior](#) (January 8th)

[Executive Functioning Practical Toolkit](#) (January 9th)

[DIR/Floortime in the Classroom](#) (January 13th)

[Understanding and Treating Praxis and Dyspraxia](#) (January 14th)

Save **\$100** when you attend any two courses using code **100OFF**

Save **\$175** when you attend any three courses using code **175OFF**

Sign up for three courses, and get the fourth course FREE: Use code FREECOURSE

Only one coupon code may be used per registration

Refund and Cancellation Policy

All cancellations must be received in writing via fax, email, or mail. A full refund, less a \$75 administrative fee (plus credit card processing fees, where applicable), will be provided if cancellation is received up to four weeks prior to the date of the course. Half tuition, less a \$75 administrative fee (plus credit card processing fees, where applicable), will be refunded if cancellation is received up to two weeks prior to the date of the course. No refunds will be made after the two week deadline. Tuition for no-shows or cancellations received after the course has started will be forfeited, no exceptions. Hands On Approaches, Inc. reserves the right to cancel the course for extenuating circumstances. A full refund for the course fee will be provided. Hands On Approaches, Inc. is not responsible for any expenses incurred by the participants (ie: non-refundable travel arrangements) if the course is cancelled. Tuition for no-shows or cancellations received after the course has started will be forfeited, no exceptions.

Occasionally, changes are made due to speaker availability, participant demand or unforeseen circumstances. Courses may occasionally be cancelled. You will be notified by email and/or phone at least 24 hours in advance of the class start date. A full refund will be granted. While Hands On Approaches, Inc. will do everything possible to ensure participant satisfaction, Hands On Approaches, Inc.'s liability is limited to the tuition fee only.